

Adult Program Newsletter



See you later Alexia!

This month we said “see you later” to one of our amazing staff members, Alexia. She is starting her full time clinicals for her degree in Occupational Therapy. She has spent several years with us and we will miss her. Good luck Alexia, we love you!



Feel-good, Friend, Feature...

Each month one of our staff members will spotlight a participant. This month Valentina is spotlighting Aly.



“I’ve had the pleasure of working closely with Aly since she started at CECO and she never fails to make me smile with her contagious laugh and positive attitude. I’ve loved to see her develop her skills in the lying program and fine motor program. Aly has been working very hard with her communication. I love to see her grow in her skills every time she’s here. She loves to work on sensory activities and I’ve truly loved seeing her shine in the program. I can’t wait to see what Aly does next and keep seeing her smile in the Adult Program!”

Intern/Staff Spotlight : Katherine “Kat”



Where you go to school:

I am a student at the University of Central Florida.

3. Your current program:

College of Health Professions and Sciences, majoring in Health Science
Pre-Clinical Track

4. Your future goals:

My future goals is to pursue a career as a Physician Assistant or an Occupational Therapist specializing in pediatric care.

5. Hobbies/fun facts:

I enjoy going to Pilates classes during my free time. I have two Great Danes back in my hometown in Miami, FL.

I started my position at CECO in my junior year of college in August of 2024. CECO has taught me to adapt to my environment which I hope to use in my future career as a Physician Assistant or Occupational Therapist. I have learned and practiced many types of therapies involving communication, speech, and motor skills. With the hands-on experience that I have gained at CECO, I have strengthened my skills to help our participants and the patients I hope to assist in the near future. I have enjoyed getting to know and build a connection with the participants during my time here at CECO. They truly bring joy to our workspace and have made me feel a sense of purpose in what I bring to CECO and to my future career goals.

Kwanzaa time...

It's Mr. Chris' favorite time of the year! The participants learned about the principles of Kwanzaa and participating in fun activities. They enjoyed music, art, and of course making a Mkeka!



Happy Hanukkah

The participants enjoyed experiencing and learning more about Hanukkah traditions this month. We had lots of fun games and all kinds of music and crafts.



CECO goes to Orlando Museum of Art

This month the CECO Adult and Young Adult Programs had the amazing opportunity to spend the day at the Orlando Museum of Art. We gathered together to learn about art and we had a wonderful day out in the community.



Christmas at CECO & Holiday Spirit Week

Christmas is a busy time of year around CECO! We had so much fun celebrating the holidays together. Spirit week was a blast and we had such great participation from everyone! We hung out with Santa, decorated the tree, had a movie and PJ day, and so much more!



2024 Holiday Shoppe

The Adults had a great time getting their lists together and shopping for their families and friends. They did amazing at picking out gifts, and wrapping them too!



A big Thank You to our CECO Families!

We would like to thank all of the families for their generous and lovely gifts to the staff at CECO. We are so grateful for you all. Thank you again from all of us and we hope everyone had a great holiday season!



Fun Photos

We had so many activities this month that we needed more newsletter room to share all the fun!



Angel's Amazing Announcements



“December was fantastic! I loved our field trip to the Orlando Museum of Art. I hope that we can do more things there in the future! Spirit Week was awesome! I was so honored to represent the Adult Program in the Ugly Christmas Sweater Competition and I won for all of CECO! I’m looking forward to helping Alex with his presidency in this upcoming year and I thank you all for reading my updates!”

**Happy Birthday To Our December Birthdays!
Chandler & Savannah!**