

# Adult Program Newsletter



## World Kindness Day

We love any reason to be kind to each other. November 13th was World Kindness Day and we celebrated all week!



# Feel-good, Friend, Feature...

Each month one of our staff members will spotlight a participant. This month Michael will spotlight Alexandra.



“I am so amazed by Alex’s progress. She was one of the first students i worked with in Orange class back in 2022! She has transitioned into the adult program beautifully and is a joy to work with each day! I have seen such progress in her communication skills and, because of that, she has been able to make some new friends. Seeing Alex light up and bring such enthusiasm to the program never fails to remind me why I love being able to work with such a great group of participants.”

## Intern/Staff Spotlight : Kayla



Where you go to school:  
University of Central Florida

3. Your current program:  
Communication Sciences and Disorders

4. Your future goals:  
I would love to be a Pediatric Speech Pathologist overseas on a military base, as I grew up in a military family and love to travel!

5. Hobbies/fun facts:  
My favorite hobby is painting, my parents even have a pink 6 foot tall tree hanging in our house I made years ago! I love everything arts and crafts, and am definitely happiest expressing myself creatively!

A fun fact about me is I have lived all over, due to my dad being in the Air Force, including 6 states and England!  
My favorite color is pink!

I have heavily enjoyed being a part of the CECO team and getting to know all of the participants! As a Communication Sciences and Disorders major, it is so exciting to see what I learn in class in action with all the different ways our participants communicate, and just how important it is to give a voice to everyone. I have gained so many new skills for my toolbox regarding communication, but I have also been surprised with how much I have learned in terms of Cerebral Palsy and how it affects an individual’s life. I am so fortunate and grateful for this experience, and I know it will stay with me throughout my future career when interacting with clients and their families.

# CECO Presidential Election 2024

This November it was time for the adult participants to put on their campaigns and run for President. This year with our growing program we did things a little bit differently. We split the program into two parties and they nominated a few friends. We all voted for the President and everyone ran a great campaign.



And the new CECO Adult Program President is....  
**Alex McKay !**  
and the Vice President is....  
**Aldo Capaldo !**



# We are so Thankful for our CECO Family

We spent time in November discussing our families and friends. The participants are all thankful for their families and everyone at CECO. We spent time playing games with the school day as well.



## New Collaboration Groups



We are happy to announce our new collaborations with the young adult program. We are having small groups from young adults join the adult programs, such as communication groups. The adults are going to the young adult building participating in conductive tasks. It is going very well and we are loving the cross over and time spent together!

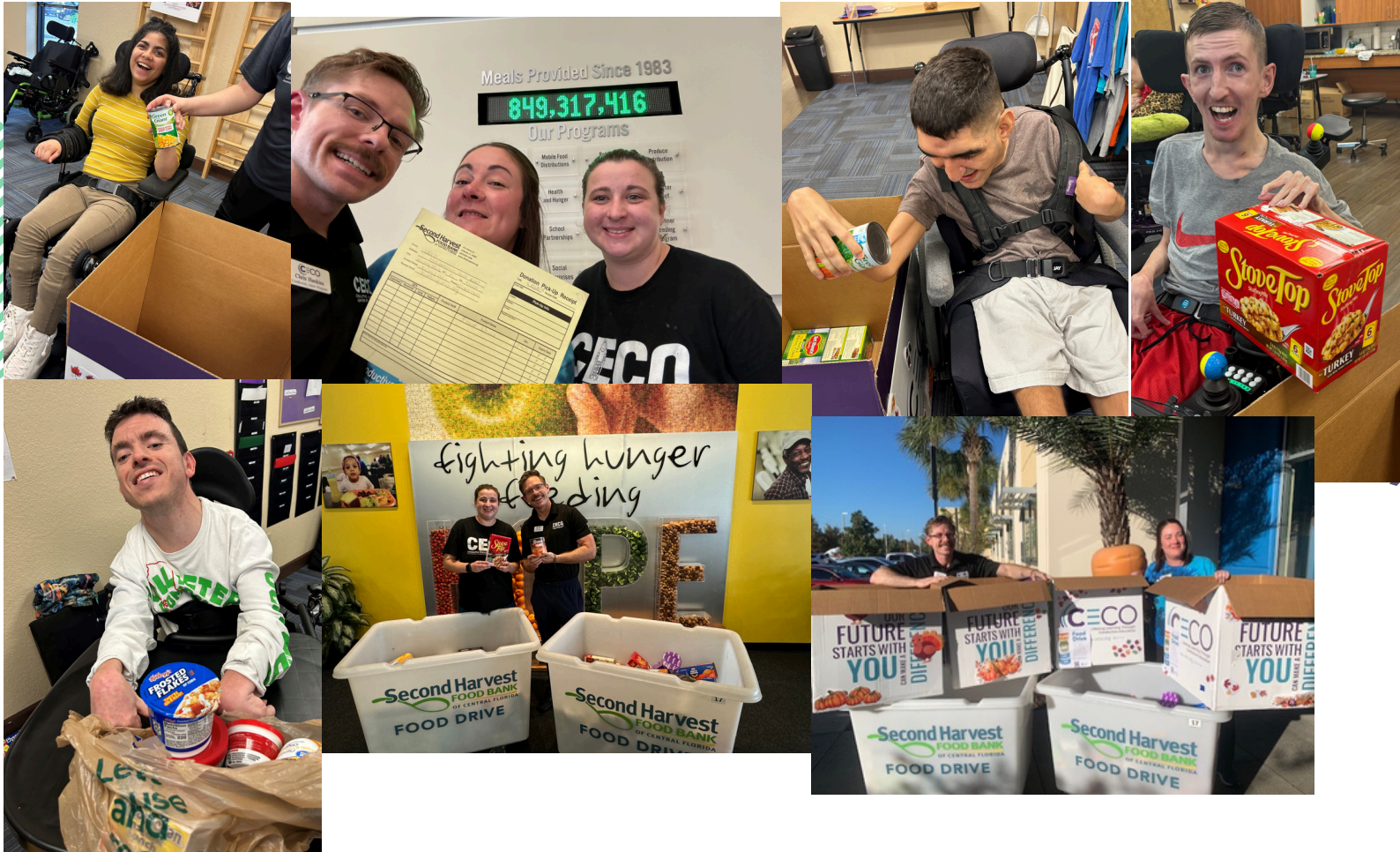
# Thanksgiving at CECO

The CECO Adult program prepared sweet potato casserole this year for the Thanksgiving feast. We joined with the young adult program to eat and have some outside games. Everyone enjoyed the beautiful weather and time together!



# Second Harvest Food Bank Donations

Thank you to all the families who donated to the food bank this year. We were able to donate close to 300 lbs. of food!



Thank You to Joseph and Ryan's families for the Thanksgiving fun!



# November Fun Photos

We had so many activities this month we needed more newsletter room to share all the fun!



# Angel's Amazing Announcements



**“November was amazing! I love this time of year, I think we have so much to be thankful for. I really enjoyed celebrating Kindness week with all of my friends! I am so proud of how much food we were able to donate to Second Harvest, too! Our program can accomplish so much when we work together. Congratulations to Alex for winning the election! I look forward to helping him in his new role.”**

**Happy Birthday To Our November Birthdays!  
Ryan!**